

[www.GospelofLifeInstitute.org](http://www.GospelofLifeInstitute.org)  
*Western Washington Pro-Life Update*

March 19, 2009

"The first priority will consist in restoring a sense of the acceptance of life as a gift from God. According to both Sacred Scripture and the wisest traditions of your continent, the arrival of a child is always a gift, a blessing from God. Today it is high time to place greater emphasis on this: every human being, every tiny human person, however weak, is created 'in the image and likeness of God' (*Gen 1:27*)."

~ Pope Benedict XVI, Homily, Cameroon, Africa, 3/19/09 ~

## COMMENTARY AND NEWS

### **Bad for the budget and bad for women**

By Mary Emanuel

On March 10 Christine Charbonneau of Planned Parenthood of the Great Northwest had an [opinion piece](#) published on HeraldNet extolling the public health and economic benefits of family planning. She asks the Legislature to preserve family planning in our state budget. We should not take her advice and should instead defund Planned Parenthood.

Planned Parenthood is the largest recipient of family planning dollars in our state so it's no surprise that she neglected to tell readers the true economic costs of these programs and the toll they are taking on women's health.

A true accounting of family planning programs would include the cost of treating the many health problems that come with contraceptive use. It would include the cost of treating the side effects of contraceptive use: blood clots and increased risk of cardiovascular disease for certain groups of women. It would also include the cost to treat sexually transmitted diseases when our fellow citizens are taught to believe that "safe sex" means using contraceptives, which don't protect against STDs.

[Read more...](#)

## EVENTS

### **40 Days for Life**

The Spring 2009 [40 Days for Life](#) campaign began on Ash Wednesday, **February 25, and ends April 5**. If you have not already done so, please sign up to participate in 40 Days for Life.

### **Olympia:**

web-site: [www.40daysforlife.com/olympia/](http://www.40daysforlife.com/olympia/)

We are praying at the Planned Parenthood at Adams and Leigion. The vigil began on Wed. Feb. 25th and runs through April 5th.

We are praying every hour from 8:00 AM until 8:00 PM each day.

Graphic signs are used on Mondays and Fridays. (days surgical abortions are performed)

**Everett:**

web-site: [www.40daysforlife.com/everett](http://www.40daysforlife.com/everett)

We are praying at the Planned Parenthood on **32nd and Hoyt in Everett**. The vigil began on Wed. Feb. 25th and runs through April 5th.

We are asking that people prayerfully consider signing up for an hour a week for the 6 weeks of the campaign. Our goal is to have a minimum of 2 people (hopefully more!) praying every hour from 7am until 7 pm each day.

**Renton:**

website: [www.40DaysForLife.com/Renton](http://www.40DaysForLife.com/Renton)

Please be aware of the 40 Days for Life Lenten prayer vigil at the Cedar River Clinic in Renton, **4300 Talbot Rd S**. This campaign is being organized by St. Stephen the Martyr Parish's Respect Life Committee and Christina DeGoede.

**Kitsap:**

web-site: [www.kitsap40daysforlife.com](http://www.kitsap40daysforlife.com)

We are praying at the Planned Parenthood at **623 Riddell Road, East Bremerton**.

**Tacoma:**

web-site: [www.40daysforlife.com/tacoma](http://www.40daysforlife.com/tacoma)

We are praying at the Planned Parenthood at **813 Martin Luther Way, Tacoma**. We need more people to come out to the Planned Parenthood vigil site on **Thursday afternoons - between the hours of 2 and 4**. We're pretty lean at that time, and could use more of a presence.

Thursday is one of the days when abortions are actually being performed at PP in Tacoma, so we'd really like to have a crowd out there praying. If you can come even for just part of an hour, we can really use you!

Thanks in advance for your participation!

**Centralia:**

web-site: [www.40daysforlife.com/centralia](http://www.40daysforlife.com/centralia)

We are praying at the Planned Parenthood on **1020 W Main St**.

**Tri-Cities:**

website: [www.40daysforlife.com/tricities](http://www.40daysforlife.com/tricities)

We are praying at the Planned Parenthood on **7426 W. Bonnie Ave (off N. Belfair Street)**.

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**Red Envelope Day**

Please join thousands of other people, from all over the nation, on **March 31** in sending Red Envelopes to the White House. For more information and to sign up to participate, please visit [www.redenvelopeday.com/index.html](http://www.redenvelopeday.com/index.html). Be a voice for unborn babies. Give two minutes. Please send a snail mail and an email today. Brief instructions on the red envelope way via mail (snail mail) above and the e-mail way through [www.usccb.org/postcard](http://www.usccb.org/postcard).

**It's About Life Conference**

Fr. Frank Pavone, National Director of Priests for Life, is coming to Olympia and Seattle April 18-19, 2009.

Fr. Frank Pavone will be at the Planned Parenthood Abortion Mill in Olympia on Saturday, April 18,

2009, at 3 p.m. He will then preach at the 5 p.m. Mass at St. Michael's Catholic Church in Olympia. Mass will be followed by dinner and an evening conference. Tickets are available from the Knights of Columbus.

On Divine Mercy Sunday, April 19, Fr. Frank Pavone will preach at the 8:00, 9:30, and 11:00 a.m. Masses at Holy Family Church in Seattle. That afternoon Fr. Frank will lead the Hour of Mercy Prayers, beginning at 3 p.m., in front of the Madison Street Planned Parenthood (2001 E Madison Street). At 5:30 p.m. Fr. Frank will speak at a Social/Dinner/Conference at the Knights of Columbus Hall in Seattle.

**Dinner tickets for both nights are \$25 per person.** Group rates are available. Tickets are limited and will go quickly.

Please see the [flyer](#) for more information.

### **One Million Rosaries for Unborn Babies**

Please see the attached and consider registering to participate in the One Million Rosaries campaign for an end to abortion on May 1, 2 and 3. Please visit [www.saintmichaelthearchangelorganization.org](http://www.saintmichaelthearchangelorganization.org) for more information.

### **Bremerton Prayer Vigil**

Please join us in praying outside the Bremerton Planned Parenthood abortuary, 623 Riddell Rd. in East Bremerton, on **Wednesdays from 8:00 a.m. – 5:00 p.m.** We pray the Rosary and Divine Mercy Chaplet.

### **Helpers of God's Precious Infants**

For more information regarding upcoming Prayer Vigils, please visit [Helper's of God's Precious Infants](#).

### **Holy Family, Seattle Activities**

We have a weekly Friday morning prayer vigil in front of the West Seattle Planned Parenthood at 9641 28th Ave SW. We leave from Holy Family Parish (9622 - 20th Ave SW) at 7:15 a.m. As the weather gets colder, we especially welcome those who can join us, either walking from the parish at 7:15 a.m. or in front of the clinic from 7:30 to 8:10 a.m. We walk back to the parish in time for the 8:30 a.m. Friday morning Mass. All are welcome to participate.

### **Olympia Activities**

Mondays, 7:00 a.m. - 9:00 a.m.

Sidewalk counseling and prayer at Olympia's Planned Parenthood (Meet at Planned Parenthood). Fr. Lee Perry from St. George Byzantine Church leads prayers. All faiths are welcomed and respected.

Fridays, 8:00 a.m. to 12:30 p.m.

Some Catholics meet on Fridays at St. Michael Parish for 9:00 a.m. Mass, and pray the Rosary for Life at 9:45. They then join the sidewalk counselors who have been at Planned Parenthood beginning at 8:00 a.m. The counselors are able to offer immediate help (Shelter Home for Pregnant Teens) to those arriving for abortions. At 12:30 we break for lunch. The day's activities **usually** end around lunchtime with ecumenical prayer. For more information, please contact Ed Sauley at 360-480-9329 or [www.SHOWTHETRUTH.org](http://www.SHOWTHETRUTH.org)

## Show the Truth Cross State Tour

We have numerous one day tours which we schedule so as to assist the local pro-lifers with their outreach.

Please call Ed Sauley at 360-480-9329 for directions and information, or check the [SHOW THE TRUTH](#) web page.

## Tacoma Stands Up For Life

Sidewalk counseling and Rosary Brigade.

Date: Every Wednesday morning

**Location 1:** Cedar River Abortion Mill, 14th and Martin Luther King Way in Tacoma Hill Top area

Sidewalk Counseling: 9:00 a.m.-11:00 a.m.

Rosary: 10:30 - 11:00 a.m.

**Location 2:** Planned Parenthood Abortion Mill, 813 M L K Way

Rosary: 11:15 -12:00 noon

Everyone with a heart for life and the "little ones" are invited to join us as we pray and tell the truth.

For information contact: Bud Niebergall at 564-5241 or Stan Schack at 564-7822.

Please visit <http://gospeloflifeinstitute.org/vigils.htm> for additional prayer vigil dates, times, and locations.

# SUPPORT

## Rachel's Vineyard

If you wish to attend a [Rachel's Vineyard](#) retreat at one of the locations below, please call or e-mail the contact person listed or call toll-free 877 HOPE 4 ME.

## Washington

- **Auburn**  
Contact: Noemi 206-450-7814  
Next Retreat: TBA  
Note: Espanol
- **Ellensburg**  
Sponsor: Diocese of Yakima  
Contact: [Nancy Murray](#) 509 554 9415  
Next retreat: TBA
- **Longbranch**  
Contact: [Valerie Jacobs](#) 800 822 HOPE  
Next retreat: TBA
- **Stanwood**  
Contact: [Valerie Jacobs](#) 800 822 HOPE  
Next retreat: May 15 - 17, 2009
- **Vancouver**  
Contact: [Valerie Jacobs](#) 800 822 HOPE  
Next retreat: TBA  
Note: Espanol

## Oregon

- **Eugene**  
Contact: [Lori Eckstine](#) 800 249 8074 or 541 521 5186  
Next retreat: TBA

- **Medford**

Contact: [Lori Eckstine](#) 800 249 8074 or 541 521 5186

Next retreat: TBA

- **Portland**

Contact: [Lori Eckstine](#) 800 249 8074 or 541 521 5186

Next retreat: **April 24 - 26, 2009**