

[www.GospelofLifeInstitute.org](http://www.GospelofLifeInstitute.org)  
*Western Washington Pro-Life Update*

January 29, 2009

*"Satan is having a heyday in our midst, because he has managed to remain invisible in the culture of death, and our laxity has granted him that luxury. Since we are not steeped in the Word of God as we should be, we do not recognize his darkness in our society."*

~ Bishop Robert J. Hermann, [I Thought You Should Know](#), January 27, 2009 ~

## COMMENTARY AND NEWS



### January 22 at the Pro-Abortion Gathering

Silent No More and Show the Truth joined forces on January 22 at the pro-abortion gathering at our State Capital. Together they witnessed for the unborn and their mothers. Show the Truth people wore red tape over their mouths and did not speak. While the pictures silently spoke volumes, the Silent No More ladies bravely spoke of their abortions and how they regretted them. By any criteria, their joint effort was exceptionally effective.

Show the Truth has enormous respect for the courage exhibited by the Silent No More ladies.

Let us pray that some hearts and minds were changed.



### Walk for Life West Coast

Approximately 30,000 people participated in the 5th annual West Coast Walk for Life. Photos and highlights can be found at [www.walkforlifewc.com](http://www.walkforlifewc.com)



## FOCA Postcard Campaign

The USCCB postcard campaign against the Freedom of Choice Act (FOCA) began the weekend of January 24-25, 2009. If passed, FOCA would nullify all federal and state laws restricting abortion in this country. The Archdiocese of Seattle is providing postcards and flyers to pastors for parish distribution. For more information, please visit [www.nchla.org/datasource/Idocuments/Instructions.pdf](http://www.nchla.org/datasource/Idocuments/Instructions.pdf) and [www.usccb.org/prolife/issues/FOCA/postcard.shtml](http://www.usccb.org/prolife/issues/FOCA/postcard.shtml).

In addition to writing, please call your Senators and Representative and tell them to vote "No" on FOCA. Let them and the Legislative Director know that you will not politically forgive a vote for FOCA.

Senator Patty Murray: (202) 224-2621 or (206) 553-5545

Senator Maria Cantwell: (202) 224-3441 or (206) 220-6400

Contact information for your Representative can be found at

[www.congress.org/congressorg/directory/congdir.tt](http://www.congress.org/congressorg/directory/congdir.tt)

Legislative Director: (202) 224-3121 (ask to speak with the Legislative Director for your Senators and Representative)

## EVENTS

### Roe v. Wade Prayer Vigil

A Pro-life Prayer vigil marking the thirty-sixth anniversary of the Roe versus Wade Supreme Court decision will be held on Saturday, 9:30 a.m., **January 31** at Immaculate Conception Catholic Church, 2501 Hoyt Avenue, Everett, WA.

The program starts with Morning Prayer followed by Mass and a prayerful walk to the local Planned Parenthood Clinic. Mass intentions and music selections focus on the unborn and their mothers.

Patty Bellows, vigil organizer, explains, *“Our purpose is to ask Almighty God to change the hearts of those seeking an abortion and the conversion of the hearts of those who provide abortions.”*

At the conclusion of Mass, Exposition of the Blessed Sacrament, Benediction, a procession and recitation of the Most Holy Rosary begin. Participants may also stay in church simultaneously praying the rosary. Lunch will be served by The Knights of Columbus Councils Everett #763 and Marysville #7863, and the Youth Ministry ClubSix56. Four local Deaneries have been invited. Additionally, members of John F. Kennedy Assembly #1530 will participate in regalia.

See the [flyer](#) for more information or contact Patty & Tim.

### Embracing Life Fundraising Banquet

Embracing Life Pregnancy Center cordially invites you to their 3rd annual fundraising banquet on Friday, **February 20**, from 6:30 to 9:00 p.m. Please see the [flyer](#) for additional information.

## **40 Days for Life**

The Spring 2009 [40 Days for Life](#) campaign is scheduled to take place between Ash Wednesday, **February 25**, and April 5. Please mark your calendars and plan on participating at one of the following locations:

[Bremerton](#)

[Centralia](#)

[Everett](#)

[Olympia](#)

[Renton](#)

[Tacoma](#)

[Tri-Cities](#)

### **Bremerton Prayer Vigil**

Please join us in praying outside the Bremerton Planned Parenthood abortuary, 623 Riddell Rd. in East Bremerton, on **Wednesdays from 8:00 a.m. – 5:00 p.m.** We pray the Rosary and Divine Mercy Chaplet.

### **Helpers of God's Precious Infants**

For more information regarding upcoming Prayer Vigils, please visit [Helper's of God's Precious Infants](#).

### **Holy Family, Seattle Activities**

We have a weekly Friday morning prayer vigil in front of the West Seattle Planned Parenthood at 9641 28th Ave SW. We leave from Holy Family Parish (9622 - 20th Ave SW) at 7:15 a.m. As the weather gets colder, we especially welcome those who can join us, either walking from the parish at 7:15 a.m. or in front of the clinic from 7:30 to 8:10 a.m. We walk back to the parish in time for the 8:30 a.m. Friday morning Mass. All are welcome to participate.

### **Olympia Activities**

Mondays, 7:00 a.m. - 9:00 a.m.

Sidewalk counseling and prayer at Olympia's Planned Parenthood (Meet at Planned Parenthood). Fr. Lee Perry from St. George Byzantine Church leads prayers. All faiths are welcomed and respected.

Fridays, 8:00 a.m. to 12:30 p.m.

Some Catholics meet on Fridays at St. Michael Parish for 9:00 a.m. Mass, and pray the Rosary for Life at 9:45. They then join the sidewalk counselors who have been at Planned Parenthood beginning at 8:00 a.m. The counselors are able to offer immediate help (Shelter Home for Pregnant Teens) to those arriving for abortions. At 12:30 we break for lunch. The day's activities **usually** end around lunchtime with ecumenical prayer. For more information, please contact Ed Sauley at 360-480-9329 or [www.SHOWTHETRUTH.org](http://www.SHOWTHETRUTH.org)

### **Show the Truth Cross State Tour**

We have numerous one day tours which we schedule so as to assist the local pro-lifers with their outreach.

Please call Ed Sauley at 360-480-9329 for directions and information, or check the [SHOW THE TRUTH](#) web page.

### **Tacoma Stands Up For Life**

Sidewalk counseling and Rosary Brigade.

Date: Every Wednesday morning

**Location 1:** Cedar River Abortion Mill, 14th and Martin Luther King Way in Tacoma Hill Top area  
Sidewalk Counseling: 9:00 a.m.-11:00 a.m.

Rosary: 10:30 - 11:00 a.m.

**Location 2:** Planned Parenthood Abortion Mill, 813 M L K Way

Rosary: 11:15 -12:00 noon

Everyone with a heart for life and the "little ones" are invited to join us as we pray and tell the truth.

For information contact: Bud Niebergall at 564-5241 or Stan Schack at 564-7822.

Please visit <http://gospeloflifeinstitute.org/vigils.htm> for additional prayer vigil dates, times, and locations.

## SUPPORT

### Rachel's Vineyard

If you wish to attend a [Rachel's Vineyard](#) retreat at one of the locations below, please call or e-mail the contact person listed or call toll-free 877 HOPE 4 ME.

### Washington

- **Auburn**  
Contact: Noemi 206-450-7814  
Next Retreat: TBA  
Note: Espanol
- **Ellensburg**  
Sponsor: Diocese of Yakima  
Contact: [Nancy Murray](#) 509 554 9415  
Next retreat: TBA
- **Longbranch**  
Contact: [Valerie Jacobs](#) 800 822 HOPE  
Next retreat: February 20 - 22, 2009
- **Stanwood**  
Contact: [Valerie Jacobs](#) 800 822 HOPE  
Next retreat: May 15 - 17, 2009
- **Vancouver**  
Contact: [Valerie Jacobs](#) 800 822 HOPE  
Next retreat: TBA  
Note: Espanol

### Oregon

- **Eugene**  
Contact: [Lori Eckstine](#) 800 249 8074 or 541 521 5186  
Next retreat: TBA
- **Medford**  
Contact: [Lori Eckstine](#) 800 249 8074 or 541 521 5186  
Next retreat: March 6 - 8, 2009
- **Portland**  
Contact: [Lori Eckstine](#) 800 249 8074 or 541 521 5186  
Next retreat: April 24 - 26, 2009